


Final program: nsobola/an atwero [I-CAN]

The ICAN pilot program aims to promote women's agency in making and acting on their own decisions related to pregnancy prevention via social support from trained contraceptive users ('mentors'). Examples of this support include activities like:

- Sharing about mentor's own experience with contraceptives
- Going with a woman to see her healthcare provider to learn more about contraceptive methods
- Demonstrating how to self-inject to other women

This program also aims to facilitate diffusion of **DMPA-SC self-injection**, which research shows many women are unaware of or fear to use. To do this, mentors share their own experiences with self-injecting and other methods while providing empathetic, neutral support for decision-making to women.




 **Left:** A mentor in her attire for easy identification within the communities. **Right:** ICAN mentor in Mayuge confirming beneficiary's next visit and self injection dates on her calendar.

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Pilot program (April–September 2023)

- **Implementation:** AIC and BACHI implemented a six-month pilot of this program with 30 mentors who provide ongoing social support to support to 150 women in each implementation district.
- **Evaluation:** Mix methods evaluation of a six-month pilot of this ICAN program is underway. We anticipate sharing preliminary results by early 2024.



 Mentor conversing with her beneficiary during a follow-up visit in Oyam.

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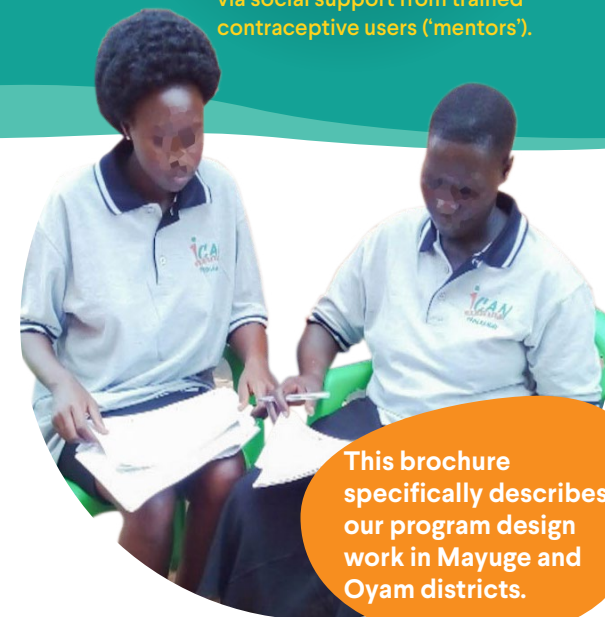


ICAN Uganda pilot program

Nsobola/an atwero/ I-CAN



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This brochure specifically describes our program design work in Mayuge and Oyam districts.

